

# COUNSELORS VIEW

A publication of The East End Counselors Association

A Chapter of the New York State School Counselors Association / Long Island New York

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East Hampton Counselors at last year's Fall College Fair.

## College Fair Attracts over 145 Colleges

East Hampton High School is once again hosting our Fall College Fair on Friday, October 16, from 10am -12:30pm. The fair is open to all students on the East End in grades 9-12.

Students who attend the event will be able to meet with representatives from over 145 colleges and universities. Parents are also encouraged to attend. Pre-registration is required; students can do so at [gotocollegefairs.com](http://gotocollegefairs.com).

This event is sponsored by the East End Counselors Association. For information, contact your school counselor or email Candace Stafford, Fall College Fair Chairperson, at [cstafford@ehufsd.org](mailto:cstafford@ehufsd.org)



## EECA Calendar 2015-2016

**9/10/15**

Fall General Membership meeting and Welcome Back Celebration  
4p.m. Buoy One Westhampton, NY hosted by Long Island University C.W. Post

**10/16/15**

Fall College Fair  
East Hampton High School  
10:00-am-12:30pm

**11/20/15**

LICAC  
Dowling College

**11/2015**

Bring an Administrator to Breakfast  
HB Ward Technical Center, Riverhead at 8:30a.m.

**12/17/15**

Financial Aid/NCAA Night (NCAA 6pm, Financial Aid, 7pm)  
Riverhead High School

**12/10/15**

Holiday General Membership Meeting  
4PM – 7PM  
Hosted by Hobart, William & Smith College and EECA.  
Location TBD



College Counselors meeting counselors at last year's event.

## LICAC Conference Presents Exploring the New Landscape of Education

LICAC, Long Island Counselors' Annual Conference, will take place on Friday, November 20, 2015. This year's keynote speakers will discuss how counselors can play a pivotal role in building safe and healthy communities.

Nicole Hockley, and Tim Makris, Managing Directors of SHP, Sandy Hook Promise, will explain their organization's mission to protect children from gun violence.

An eloquent writer and public speaker, Nicole has become an important advocate for the need to turn tragedy into transformation through love. After the death of her son Dylan, who was one of 20 first-graders killed at Sandy Hook Elementary School, Nicole dedicated herself to working for change so that other families might be spared the pain of losing a loved one to gun violence.

A co-founder of Sandy Hook Promise, Tim initially took a temporary leave from his position as a senior marketing executive to help start SHP. He is now SHP's executive director. Tim guides the group's efforts to support those most affected by the tragedy, help the Newtown community heal, broaden access to mental health care and strengthen laws at the state and federal levels to reduce gun violence.

The Conference will take place at Dowling College, 150 Idle Hour Blvd., Oakdale, NY. The event is sponsored by The East End Counselors' Association, Nassau Counselors' Association and Western Suffolk Counselors' Association. For further details and registration visit [www.LICAC.org](http://www.LICAC.org) or [conferences@optonline.net](mailto:conferences@optonline.net). You can also call 631-209-1896.

## EECA Calendar 2015-2016

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**3/9/16**

*School Avoidance Anxiety*  
*Dr. Debra Weisbrot MD*  
*Presenter*

**Location:** TBA

**4/20/16**

Spring College Fair  
Westhampton Beach High  
School  
5-7p.m.

**4/24/16**

Administrative Professionals  
Luncheon  
Location: TBA

**6/4/16**

General Membership Meeting  
and Awards Dinner  
4p.m. Location TBA

### Counselors View

Seeks articles from our  
members. Please submit:

\*Examples of Best Practice  
in your school

\*Professional papers you  
have written

\*Inspiring stories about  
your students

Please send articles to  
[trabbitt51@gmail.com](mailto:trabbitt51@gmail.com)



## Register for Financial Aid Training

All school counselors are invited to join HESC and NYSFAAA staff for the *College Access and Financial Aid Training For School Counselors*. This workshop offers an ideal opportunity for attendees to learn about available federal and state financial aid programs, including recent developments. Information useful in assisting students who are at risk of not attending college will be emphasized.

**The Long Island training will take place on Friday, November 6, 2015 at Farmingdale State College Campus Center Ballroom, 2350 Broadhollow Rd. Farmingdale, NY 11735.**

Many of the high need students and families you deal with every day face obstacles that may hinder them from receiving financial aid. This may be due to a lack of available information about their particular situations or difficulty in navigating the financial aid process and completing the FAFSA. This workshop will address special circumstances in financial aid concerning non-traditional families, homelessness, and residency. The financial aid application process will be reviewed and updates for the 2016-17 filing season will be shared.

Attendance is free of charge. You can register online at

<http://www.hesc.ny.gov/partner-access/high-school-counselors/hesc-college-access-and-financial-aid-training-for-school-counselors.html>



## High schools implementing a successful College Application Campaign will:

\*Host a program during the school day open to any student interested in applying – with a focus on engaging first-generation, low-income and other students who may otherwise not apply to college.

\*Identify and convene a school team comprised of staff and community members to plan the program.

\*Engage the local community, families, and others through volunteer opportunities, information letters, and advertising the program.

\*Create a college-going culture within the school through a variety of approaches.

\*Collect data resulting from the campaign, such as the number of students participating and the number of applications submitted.

\*Follow-up with students to ensure applications submitted are complete – transcripts, college entrance exam scores, letters of recommendation are submitted, as well as the FAFSA.



## Join College Application Week

College Application Week is a national initiative of the American Council on Education, established to ensure that every graduating high school senior has the opportunity to successfully apply to at least one postsecondary educational institution.

During the week, special focus is placed on assisting students who would be the first in their families to attend college, low-income students, and students who may not have otherwise seriously considered applying to college.

Participating high schools host programs and activities during the school day that assist students in completing college applications, and engage the school, local communities, families, and others in creating a college-going culture within the school.

Last year more than 200 schools and community groups from around the state participated.

For more information or to register visit For more information or to register, go to: <http://gocollegeny.org/apply/>



## **Fall Conference Workshops include:**

Trauma Informed Teaching:  
The Role of School Counselors

“Onwards and Upwards:” An  
Innovative Group Counseling  
Program

Guidance Class Matters

Religion, Spirituality and  
Career Development:  
Implications for School  
Counselors

Realizing College Success:  
Helping Undocumented  
Students Move Beyond  
Enrollment

Self Care Strategies for Job  
Burnout

Effective Principal and  
Counselor Collaboration  
School Counseling

Building a RAMP  
Comprehensive  
Developmental School  
Counseling Program

Cyberbullying and Social  
Networking: An Update for  
Counselors

NYS Diploma Requirements

**For more information about the  
conference and registration  
information visit:**

**<http://nyssca.org>**



## **NYSSCA Hosts Fall Conference**

*“School Counselors: Advocating Access for all”*

The Sagamore Resort, Lake George,  
Bolton Landing, NY

*November 20-21, 2015*

The conference offers an opportunity for professional growth and collegial sharing of best practice in school counseling. Workshops and meetings are planned over the weekend, and various awards including NYSSCA School Counselor of the Year and the NYSSCA Outstanding Program, Practice or Project Award will be announced.

The Keynote speaker is Carolyn Stone. She is a Professor of Counselor Education at the University of North Florida where she teaches and researches in the area of legal and ethical issues for school counselors. Prior to becoming a counselor educator in 1995, Carolyn spent 22 years with the Duval County Public Schools in Jacksonville, Florida where she served as a middle school teacher, elementary and high school counselor and Supervisor of Guidance.

Carolyn was the 2006 President of the American School Counselor Association (ASCA) and is in her tenth year as their Ethics Chair. She was awarded the Mary Gerke Lifetime Achievement Award by ASCA in 2010 and in 2012 was awarded the Bob Myrick Lifetime Achievement Award from the Florida School Counselor Association. Carolyn has delivered over 500 workshops in 49 states and 22 countries. She has authored six books, dozens of journal articles and serves the courts as an expert witness in cases involving school counselors.

## The Four Components of the National Model

ASCA National Model consists of four interrelated components: foundation, delivery system, management systems and accountability.

**Foundation** describes the foundation elements of school counseling programs, such as the philosophy, vision, and mission statement.

**Delivery System** examines methods for delivering a school counseling program. By examining the components of a delivery system, school counselors can determine the amount of time they need to spend on each component.

**Accountability** looks at the most important aspect of a school counseling program: accountability to the program's constituents and a purposeful alignment to school improvement. Methods for ensuring school counselor and program accountability may be suggested using the NYSSCA model.

**Anticipated Outcomes** determine how the current program reflects best practice and how well it is aligned to the *ASCA National Model: A Framework For School Counseling Programs* and *The New York State Model For Comprehensive K-12 School Counseling Programs*.



## Does Your School Counseling Program Follow a Developmental Plan?

The *National Standards for School Counseling Programs* (1997) and the *National Model for School Counseling Programs*, both developed by the American School Counseling Association (ASCA), have shifted the focus of counseling from a student-by-student system to a comprehensive and developmental program providing academic, career and personal/social development for every K – 12 student.

This comprehensive school counseling model offers content, process, and accountability methods. School counselors are integral participants in collaborative programs that guide student achievement. Collaborating with teachers, administrators, community members and families provides school counselors with information that can direct their programs. The model provides counselors with:

- \*A clearly defined role and function in the educational system.
- \*Eliminates non-counseling functions.
- \*Provides direct service to every student.
- \*Provides a tool for program management and accountability.

New York State school counselors, with the support of superintendents, principals, and local boards of education, can analyze and assess school counseling programs, implement programs through a variety of delivery systems, and maintain an accountability system that demonstrates effectiveness.

Each school building and district can personalize the program according to the needs identified through data. (*The New York State Model For Comprehensive K-12 School Counseling Programs*)

**For more information visit: [nyssca.org](http://nyssca.org)**





## Counselors Mixed on Which College Entrance Exam Students Should Take

High school counselors are all over the map in the advice they expect to give students about which college admissions exam to take in the next school year. About a third said they anticipate telling students to take more than one exam; far fewer are recommending taking a single test.

The question has come up because the College Board is rolling out a new SAT test for the first time in 11 years. The revised exam will be introduced in March 2016. As a result,

students scheduled to graduate in 2017 may choose to take the current SAT earlier than March or the new one or the ACT, an alternative exam.

According to a survey done by Kaplan, a company that provides test preparation products, 6 percent of advisors are telling students to take the current version of the SAT early to avoid the changes.

A similar proportion is suggesting that students tackle the new SAT exam, and 16

percent are advising students to take the ACT instead. The remaining percentage says the SAT changes make no difference in the advice they're giving to students. The survey was done to understand how the changes are affecting what the counselors tell their students. It was done in March and April 2015 and analyzed responses from 172 high school counselors from across the United States.

Should juniors take the old SAT? Peter Van Buskirk,

Founder and President of *Best College Fit* who spoke to the East End Counselors last Fall, says no. “While the “old” SAT might be counted in some admission processes, it will be largely irrelevant by the time current Juniors apply for admission. In my opinion, there is no point in taking it. A student will take the PSAT for the new SAT in October after

*“While the “old” SAT might be counted in some admission processes, it will be largely irrelevant by the time current Juniors apply for admission.”*

*Peter Van Buskirk*

which there will be ample opportunities to prep for and take the new SAT. If a student feels the need to take a test between now and then, have him take the ACT. Many believe it’s a better test (the new SAT will strongly resemble it!) and every college will accept either the SAT or the ACT.”

This article was written by Dan Schaffhuser [www.multibriefs.com/briefs/nyssca/061115.html](http://www.multibriefs.com/briefs/nyssca/061115.html) and edited to include information pertinent to East End Counselors.

## *What Does the New SAT Look Like?*

The new test will be more reading-centric and passage-based. On the new SAT, everyone starts out with reading passages.

After first facing a 65-minute, 52-question Reading test containing 5 long passages (some accompanied by charts), students then advance to a 35-minute, 44-question Writing and Language

test containing 4 more passages. There is one short break in the middle of this section.



Test takers will

then move on (with no break) to back-to-back Math tests—a 25-minute, 20-question, No calculator, (then a break) followed by a 55-minute, 38-question, calculator allowed. The scope of math topics will narrow considerably and reach higher (heavy on linear and polynomial algebra, extremely light on geometry, and with a smattering of trigonometry and statistics). The mix of multiple-choice and free-response item types seen on the current SAT will remain.

Students may choose to stay for a fourth-hour: the optional essay that many colleges will require. The essay will no longer tease out student opinions on a topic. Instead, it will ask students to first read a roughly 700-word essay and then provide an analysis of the author’s effective use of evidence. This reading assignment means the length of the essay section will double to 50 minutes. (Extracted from an article written by Bruce Reed, the co-founder of Compass Education Group, a test-prep consulting company.)