

COUNSELORS VIEW

A publication of The East End Counselors Association

A Chapter of the New York State School Counselors Association / Long Island, New York

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Suffolk Admissions Counselor, Jennifer Boese, speaks to a student at the fair.

EECA Sponsors College Fairs

The East End Counselors Association sponsors two college fairs during the school year to assist students and parents in the college admissions process.

Riverhead High School will host the 2018 East End Counselors Association Fall College Fair on Tuesday, October 17, 2018. Westhampton will host the Spring Fair on April 9, 2019.

Invitations were sent out to more than 300 colleges, universities, technical schools, and the military. It is expected that over 150 institutes of higher learning will participate in these fairs. College fairs give students and parents from North Fork and South Fork high schools an opportunity to meet with college admissions counselors and representatives of the military to discuss post-secondary school options.

For information, contact your school counselor or email Caroline Stuke at CStuke@esboces.org. You can contact the Fall College Fair Chairperson Philip Antz at philip.antz@riverhead.net, and the Spring College Chairperson Joe Garvey at jgarvey@whbschools.org.



EECA Calendar 2018-2019

9/17/18

Fall General Membership Meeting 4pm
Atlantis Aquarium
 431 East Main Street,
 Riverhead NY Hosted by
 Lynn University

10/17/18

Fall College Fair
 Riverhead High School
 5:00pm - 7:00pm

10/25/18

Financial Aid & NCCA Night
 Riverhead High School
 5:30pm NCAA
 6:00pm Financial Aid

11/6/18

LICAC
 Huntington Hilton Hotel,
 Melville, NY
 7:30am - 2:00pm

12/6/18

Winter General Membership Meeting
 4PM – 7PM
 Location TBD

Responding to a Changing World At LICAC's Annual Conference

LICAC, Long Island Counselors' Annual Conference, will take place on Tuesday, November 6, 2018.

The Keynote presentation, *Through the Eyes of the School: Caring for Youth and Mental Health*, will be delivered by psychiatrist, Dr. Victor Fornari.

With nearly one in five youth meeting criteria for a mental health disorder before the age of 15, increasing knowledge and awareness about childhood mental disorders for school personnel is critical. Stigma remains a serious barrier to acceptance of a diagnosis and of treatment and leads to increased morbidity and mortality in this population. Strategies to work with families to reduce stigma will be discussed. Educating youth about mental health problems is important to increase awareness and acceptance of these problems.



Keynote Speaker Dr. Victor Fornari

As the Director of Child & Adolescent Psychiatry at Zucker Hillside, **Dr. Victor Fornari** has worked with vulnerable youth and their families with mental disorders for over thirty years. As Professor of Psychiatry & Pediatrics at the Donald & Barbara Zucker School of Medicine at Hofstra/Northwell, Dr. Fornari has been involved in the education and training of medical students, residents and fellows in Psychiatry, as well as educating school personnel for the past thirty years. Currently, Dr. Fornari is the President of the American Association of Directors of Child & Adolescent Psychiatry.

Counselors will also have a chance to attend workshops on Stress in the Digital Age, Working with LGBTQ Youth, and other topics of concern to school counselors and other mental health workers.

The conference will take place at the Huntington Hilton, 598 Broad Hollow Road, Melville, NY. Please Register with Eastern Suffolk BOCES at webreg.esboces.org

The cost of the program is \$175 per person and is designed for school counselors, school social workers, school psychologists, and school mental health counselors.

EECA Calendar 2018-2019

March 2019

Spring Mental Health
Professional Development
Time and Location: TBD

3/27/19 - 3/29/19

College Tour of Philadelphia
Area Colleges

5/1/19

Administrative Professionals
Luncheon 1:30 pm
Cooperage Inn, Baiting Hollow

4/9/19

Spring College Fair
Westhampton Beach
High School 5-7 pm

June 2019

General Membership Meeting
and Awards Dinner
Time and Location: TBD

Counselors View

Seeks articles from our members.
Please submit:

*Examples of Best Practice in
your school *Professional papers
you have written *Inspiring
stories about your students

Please send articles to
trabbitt51@gmail.com

Email Reminder

Ensure that your email identifies
@eastendcounselors.org as a
trusted sender

Financial Aid & NCAA Night Set To Assist Students and Parents

East End
Counselors
Association will
host a free
Financial Aid night
on October 25 at
Riverhead High
School. The
NCCA
presentation will
begin at 5:30pm
and the Financial
Aid presentation
will follow at
6:30pm. Students
and parents from
all East End schools

are encouraged to attend this informative session to get a
better understanding of the student aid process.

Gordon Rowe, Coordinator of Financial Aid Data Operations
for St. Joseph's College, will explain how to apply for all types
of financial aid, including completing the Free Application for
Federal Student Aid (FAFSA). He will also review the process
of completing the FAFSA, which is required to determine
eligibility for most student aid programs.

Part of the evening's agenda will also focus on the procedures
student athletes must follow to become eligible to play sports
in college. Registration with the NCAA is required before a
student can practice, try out, or play any competitive college
sport. Melissa M. Reilly, Associate Commissioner/SWA East
Coast Conference, will give an overview on NCAA academic
requirements, divisions of college sports, ACT and SAT testing
information, and what courses are necessary for students to
complete while in high school.

For more information about the event please contact Philip
Antz at pantz@riverhead.net.



Gordon Rowe, Financial Aid Administrator

New School Counseling Regulations Require that All School Districts Include the following:

- All students K-12 shall have access to a certified school counselor & the comprehensive program
- The program is developed by certified school counselors along with other constituents;
- Information is provided on college and careers for students in grades K-5 as well as 6-12;
- An annual individual progress review is conducted by certified school counselors for students grades 6-12;
- School counseling/guidance core curriculum instruction is provided K-12 by a certified school counselor addressing student competencies in college/career, social/emotional and academic skills development;
- Advisory Council meets at least twice a year and provides an annual report to the board of education;
- A program outcomes report is provided to the board of education annually;
- School and district plans are posted on the district website.

Questions About Revised Regulations

Are school districts required to have an elementary school counseling/guidance program?

The previous version of Part 100.2(j) already required school districts to have an elementary guidance program to address attendance, academic, behavioral or adjustment problems, to educate students

concerning avoidance of child sexual abuse,

and to encourage parental involvement.

What is different in the revised regulation is that

a school counselor

must be involved in the development of the program and all students must have access to the program and a certified school counselor. Also, college and career information must be provided, and school counseling/guidance core curriculum instruction must be provided by a certified school counselor addressing student competencies in career/college awareness, academic skills and social/emotional development.



Does the new regulation require a certified school counselor to be on staff in all buildings?

The regulation does not impose a requirement for a full-time school counselor in every school building or for every level.

Districts are expected to determine how to provide all students K-12 with access to a certified school counselor and the school counseling program. The key is using data to ensure the program addresses student needs K-12 and that certified school counselors are available to deliver components of the program.

Can social workers or school psychologists deliver the program?

Some program components are required to be delivered by a certified school counselor. This in no way replaces social workers and psychologists providing similar services, but they are not equivalent to a certified school counselor. It is “and” social workers and school psychologists, not “or”.

Reprinted from NYSSCA Frequently Asked Questions about NYSED Revised Regulation Part 100.2(j) / See Page 6 for the Regulations at a Glance.

Fall Conference Workshops Include:

Nourishing the Counselor's Soul to Decrease Stress and Increase Resiliency

Developmental School Counseling for the Developing Adolescent

Overview and Update - NY State Diploma and Credential Requirements

Why Data? A Closer Look at the ASCA Model

Using Music to Promote ASCA Mindsets and Behaviors

Trauma Informed Schools 101

Addressing Mental Health Through Evidence-based Suicide Prevention

Educating the Whole Child: Social Emotional Development and the Comprehensive Model

Understanding, Guiding and Supporting for our LGBTQ Students

Elementary School Counseling: The Importance and Application of Counseling Connections for our Younger Kids

For more information about the conference and registration information visit:

<http://nyssca.org>

NYSSCA Hosts Fall Conference

"Celebrating the Resilient School Counselor"



NYSSCA's annual conference, offering an opportunity for professional growth and collegial sharing of best practice in school counseling, will take place on November 15th through the 17th at the Sagamore Resort, Bolton Landing, NY.

The conference theme is inspired by starfish, "Who can regenerate their limbs if one breaks off. Like starfish, school counselors are hard to keep down, resilient and adaptive. And just like starfish, who create distinctive tracks in the sand, school counselors create distinctive differences in the lives of students."

Workshops and meetings are planned over the weekend. The East End Counselors Association will sponsor a few members to attend the conference and represent the association.

Friday's first Keynote Speaker is Kwok-Sze Richard Wong, Ed.D., Executive Director American School Counselor Association. Dr. Wong has a diverse career in education, publishing and association management. In March 2000, he became the Executive Director of the American School Counselor Association, a non-profit organization that supports and represents school counselors on a national and international scope. Previously, he had served as the Deputy Executive Director for the Public Risk Management Association in Arlington, Va., and as an editor for Simon & Schuster, Los Angeles. He started his professional career as an English and journalism teacher.

Friday's other Keynote Speaker is Dr. Tracy L. Jackson. Dr. Jackson, NCC, NCSC, ACS, BC-TMH, serves as the Supervisor of School Counseling Services for Loudoun County Public Schools, Loudoun County, VA. Prior to her current position, she served as the Supervisor of Counseling and Guidance Services for Syracuse City School District, Syracuse, NY, and Coordinator of Guidance Services for Virginia Beach City Public Schools, Virginia Beach, VA. A school counselor since 1997, Dr. Jackson worked at every level, serving as a high school counseling chair and, for the last eleven years, as a central office school counseling administrator.

Saturday's Keynote Speaker is Rev. Dr. Bryant T. Marks, Sr.. Dr. Marks is a minister, researcher, trainer, and award-winning educator. His personal and professional mission is to develop the knowledge, wisdom, and skills of others that will allow them to reach their full potential and live their lives with purpose and passion. Dr. Marks is the Founding Director of the National Training and Education Institute and is a professor in the Department of Psychology at Morehouse College.

He served on President Obama's Board of Advisors with the White House Initiative on Educational Excellence for African Americans and as senior advisor with the White House Initiative on Historically Black Colleges and Universities. Dr. Marks has provided bias training to over 1,500 Police Chiefs, and individuals in education, non-profits, and government.



www.academyli.org

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FAFSA Launches Redesigned Site and Mobile App

Federal Student Aid, an office of the U.S. Department of Education announced this summer that students and parents will have two ways to complete the Free Application for Federal Student Aid (FAFSA®) form; a redesigned fafsa.gov website and a mobile app.

The Office claims that these two improvements will make it easier for students and parents to access and complete the FAFSA form on the device that works best for them, with a particular focus on improving the experience on mobile devices such as smartphones and tablets.

Parts of the fafsa.gov website have been redesigned so that the site pages will fit the screen size and shape of any device, including desktop or laptop computers and mobile devices, such as a smartphone or tablet.

The first phase of the redesign will provide students and parents with the flexibility to complete the FAFSA form on a mobile device with the same ease as on a desktop or laptop computer.

For the 1st time in more than 30 years, the NYS Board of Regents approved amendments to Commissioner's Regulations on school counseling program requirements, certification requirements for school counselors, and program registration requirements for school counseling preparation programs.

Details about the redesigned website, which launched July 22,

are provided below.

Key features of the redesigned website

The site will now resize to fit on mobile devices, making it easier for students and parents to complete the FAFSA form using smartphones and tablets.

* The page design of fafsa.gov now has a more modern and user-friendly look and feel to improve the overall experience.

* The "Help and Hints" display boxes have been replaced by new "tool tips." Tool tips will provide easy-to-use contextual information as students and parents go through each FAFSA question.

* To ease the students' and parents' navigation through the site, some questions on fafsa.gov are now grouped in a different order. The questions are now displayed in a more user-friendly way, which may require fewer page views for students and parents.

The mobile app provides users with the ability to: Complete the FAFSA safely and securely from a mobile device; Edit and manage Federal Student Aid ID; View federal student loan and aid history; and Access FSA's signature source of information student financial aid products,



processes and services. There are a few anomalies with the mobile app that may require the use of the redesigned website.

Secretary of Education, Betsy DeVos claims that, "We will make the financial aid process modern, streamlined, more accessible and simply easier for students."

Dian Schaffhauser in an article entitled, *Mobile FAFSA Step on the Right Direction* suggested that, "Easy is a relative term. Students and families will still need to answer a long string of questions on student and parent demographic information, school selection, dependency status and financial information (which requires going out to the IRS.gov website and using a data retrieval tool to pull in details)."

If you have questions regarding fafsa.gov, please contact the Federal Student Aid Information Center (FSAIC) at 1-800-4-FED-AID (1-800-433-3243) or 334-523-2691. FSAIC may also be contacted via e-mail at FederalStudentAidCustomerService@ed.gov.

EECA Award Scholarships to Area Students

The East End Counselors Association continues to support area students by helping them purchase textbooks, uniforms and other educational supplies to support their education.

Students in need, according to the professional discretion of their school counselor, may receive assistance from EECA for educational, career or vocational opportunities that they might not participate in because of their financial circumstance.

“EECA assists students with application fees, educational field trip fees, supplies for vocational training, or entrance fees related to the students’ current area of study,” said Laurie O’Halloran, President of the East End Counselors Association. She added, “While this list may not be all-inclusive, we are focused on assisting students to enhance their success with opportunities related to academic improvement and achievement.”



Emily Ambrocio receives an East End Scholarship from Caroline Stuke, Treasurer of the EECA.

In addition, the Association sponsors scholarships to recognize outstanding students on the East End and to assist

them with their future educational plans.

Last year, The East End Counselors Association awarded two scholarships.

Emily Ambrocio from Westhampton Beach High School, a student in the Certified Nurse Assistant & Clinical Medical Assistant program, was one of the recipients. She is currently attending Pace University as a Nursing student.

Paul Tocci, a Riverhead High School graduate, was the other recipient. Paul is attending Morrisville where he is a student in their Bachelor of Automotive Management program.

In order to apply for assistance, members of EECA should complete the form found at http://eastendcounselors.org/?page_id=118 and e-mail the completed form to the EECA President at president@eastendcounselors.org

Legislation Before Congress Would Increase Counselors Across the Nation

On Wednesday, Sept. 12, 2018, Sen. Jeff Merkley (D-Ore.) and Rep. Katherine Clark (D-Mass.) introduced a new and improved Elementary and Secondary School Counseling Act to provide dedicated funding to states to lower the staffing ratios for school counselors, school psychologists and school social workers.

The bill is similar to the former ESSCP that was funded under No Child Left Behind and has been given the same title. The new iteration of the bill is a vast improvement over the previous version.

The Elementary and Secondary School Counseling Act would:

Establish two five-year renewable grant programs to staff elementary and secondary schools with school counselors, psychologists and social workers effectively by providing federal grants to states to disburse to school districts.

Base allotment grants: State educational agencies would receive a grant on a proportional basis based on the number of elementary and secondary school students in each state.

No state would receive less than \$1 million for this grant.

Need-based grants: State educational agencies may apply,

on a competitive basis, for additional funds through a need-based grant. States must provide matching funds in an amount equal to not less than one half of the additional grant amount.

These grants are based on need for mental health services providers to achieve the recommended student-to-staff ratios for school counselors, psychologists and social workers.

Funding in the previous program was distributed entirely through competitive grants, and a relatively few number of school districts in a few states received grants each year.

The new program would provide funding for all 50 states, and because matching

funds are required, states that receive the grants demonstrate a commitment to improving

student mental health and wellness.

The bill requests an initial authorization level of \$5 billion the first year. ASCA is coordinating advocacy efforts with Sen. Merkley and Rep. Clark's respective offices. We will keep

members up-to-date with the process and will develop an action alert to solicit additional co-sponsors in the near future. Use the following link to contact your members of congress: <https://www.schoolcounselor.org/school-counselors/legislative-affairs/take-action?vsrc=%02FCampaigns%02F60913%02FRespond>

Please direct any questions to [Amanda Fitzgerald](#), Director of Public Policy, American School Counselor Association

You can support the Legislation by contacting your member of Congress to urge their support for the Elementary and Secondary School Counseling Act.

This article is a press release from ASCA, The American School Counseling Association.





Right: East Hampton Counselor and recipient of the 2018 Rising Star award, Julia Petersen, is congratulated by School Counselor Lynne Brown on her left and on her right, School Counselor Bridget Sokolowski, Bridgehampton Guidance Director, Danielle Doscher, East Hampton School Counselor, Samone Ritz, and EECA Board members, Candace Stafford and Caroline Stuke.

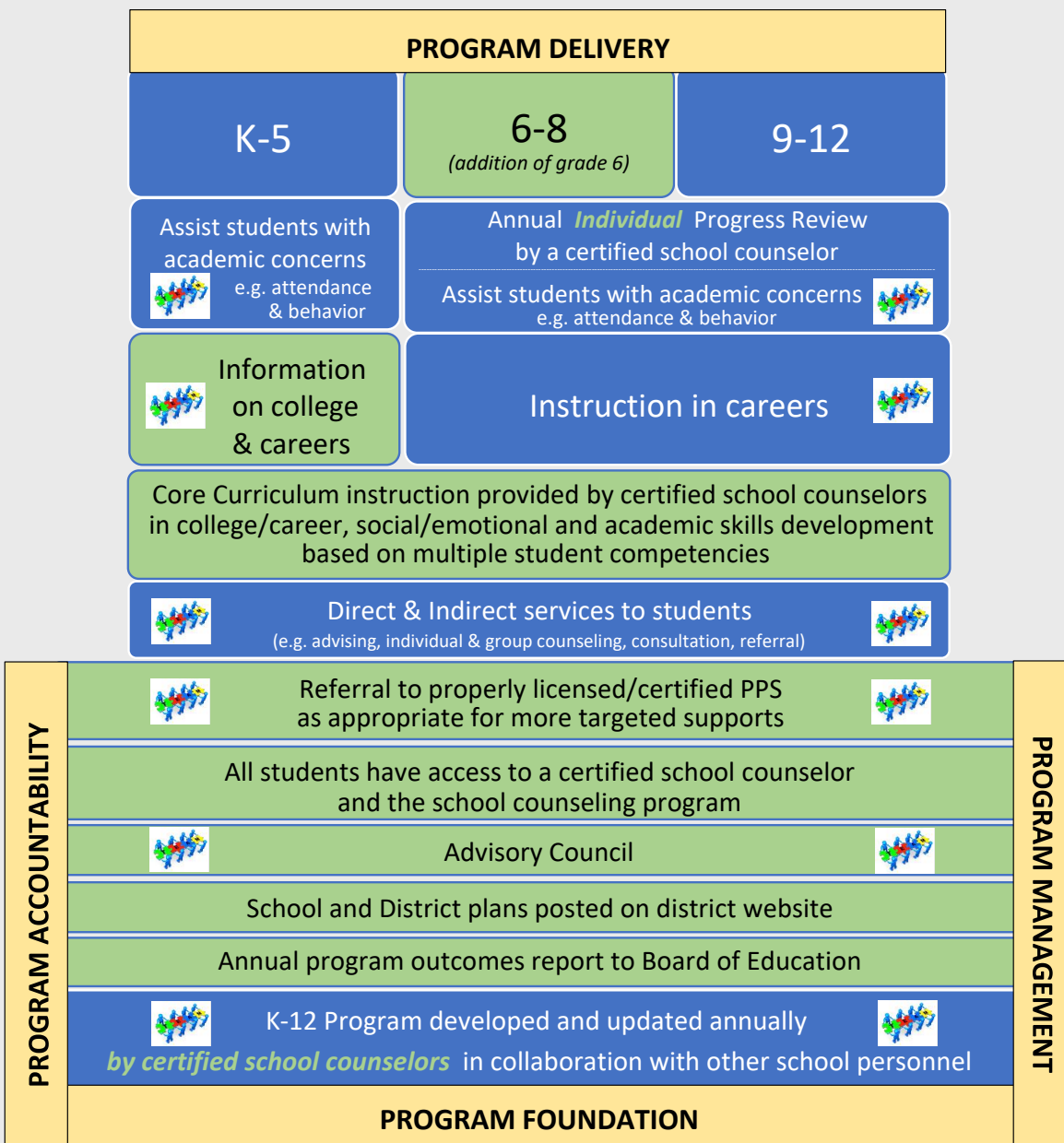


EAST END COUNSELORS ASSOCIATION ANNOUNCES 2018 AWARDS



Left: Counselor of the Year, Martha Tuthill from Shelter Island is congratulated by President Elect Brandi Hopkins and President Laurie O'Halloran. Right: East Hampton Principal Adam S. Fine speaking after being honored as the East End Counselors' Administrator of the Year.

New Guidance Regulations at a Glance



Key:	New regulation	Old regulation
	Team approach: e.g. teachers, school social workers, school psychologists.	



East End Counselors Association
PO Box 1357
Riverhead, NY 11901



WHO ARE SCHOOL COUNSELORS?

School counselors are certified/licensed educators who improve student success for ALL students by implementing a comprehensive school counseling program.

Join the East End Counselors Association
Download Our Application at
eastendcounselors.org