

EAST END COUNSELORS ASSOCIATION

Spring Mental Health Conference: Creating a Culture of Care

Presented by Dr. Kelly Zinn, DSW,
LCSW

Date: Friday, March 13th

Time: 11:30am-2:00pm

Location: Hotel Indigo, Riverhead, NY

Located in the Bistro 72 Restaurant

Please RSVP to

philip.antz@g.riverhead.net

By 2/28/2026

During this interactive 2-hour Professional Development, you will:

- Learn the importance of strengthening adult and student capacity for emotional regulation and frustration tolerance;
- Explore practical, research-based strategies to support students during moments of escalation;
- Reflect on adult role modeling during times of student dysregulation, and importance of modeling appropriate behavior, respect, while maintaining emotional safety;
- How to create a school culture where adults feel supported, valued, and better equipped to respond with intention rather than reactivity;

This professional development is grounded in practices and real-world experiences that align with the CASEL-3 Signature Practice Playbook.

About Dr. Kelly Zinn, DSW, LCSW

Dr. Zinn is a graduate of The Rutgers University Doctor of Social Work program, a Licensed Clinical Social Worker, and a Certified Good Inside Parenting Coach. She has 14 years of experience as a school social worker. Dr. Zinn has presented at several local, state, and national conferences, and has many publications, including a textbook for clinical students. Currently, Dr. Zinn is a full-time professor at St. Joseph's University (Patchogue), works in a private practice, and partners with school districts to provide professional development to school staff.

