# COUNSELORS VIEW

A publication of The East End Counselors Association

A Chapter of the New York State School Counselors Association / Long Island, New York

## Executive Board

**President**
Brandi Hopkins

**Past President**
Laurie O'Halloran

**President Elect**
Christa Narus

**Treasurer**
Caroline Stuke

**Communications Coordinator**
Ryan Barker

**Historian**
Martha Tuthill

**Membership & Directory Chairpersons**
Kristen Domeischel & Christa Narus

**Scholarship Chairperson**
Kathleen Sutton

**Consultant to the Executive Board**
Barbara Ackermann

**College Fair Chairpersons**
Phil Antz, Joe Garvey, Caroline Stuke

**College Tour Chairperson**
Danielle Doscher

**LICAC Representative**
Erin DaSilva

**By-Laws Committee Chairperson**
Laurie O'Halloran

**Communications & Public Relations**
Kristen Domeischel, Christa Narus

**Newsletter Editor**
Tom Rabbitt

**Nominating Committee Chairpersons**
Mark Palios and Martha Tuthill

University of Delaware Counselor, Michael Crowley, enjoys a lighter moment at the fair.

# EECA Sponsors College Fairs

The East End Counselors Association sponsors two college fairs during the school year to assist students and parents in the college admissions process.

**Riverhead High School will host the 2019 East End Counselors Association Fall College Fair on Monday, October 28, 2019. Westhampton will host the Spring Fair on April 22, 2020.**

Invitations were sent out to more than 300 colleges, universities, technical schools, and the military. It is expected that over 150 institutes of higher learning will participate in these fairs. College fairs give students and parents from North Fork and South Fork high schools an opportunity to meet with college admissions counselors and representatives of the military to discuss post-secondary school options.

For information, contact your school counselor or email Caroline Stuke at CStuke@esboces.org. You can contact the Fall College Fair Chairperson Philip Antz at philip.antz@riverhead.net, and the Spring College Chairperson Joe Garvey at jgarvey@whbschools.org.

# EECA Calendar 2019-2020

**8/29/19**
Fall General Membership Meeting 4pm
*Jedidiah Hawkins Inn*
400 South Jamesport Ave, Jamesport, NY Hosted by Salve Regina University

**10/28/19**
Fall College Fair
Riverhead High School
5:00pm - 7:00pm

**10/22/19**
Financial Aid & NCA Night
Riverhead High School
5:30pm NCAA
6:30pm Financial Aid

**11/22/19**
LICAC
SUNY Old Westbury
Old Westbury, NY
7:30am - 2:00pm

**12/5/19**
Winter General Membership Meeting
4PM – 7PM
Location TBD

# Learn to Understand Generation Z

## At LICAC's Annual Conference

LICAC, Long Island Counselors' Annual Conference, will take place on Friday, November 22, 2019, at SUNY Old Westbury.

**Keynote Speaker Meghan Grace**

The Keynote presentation, *Generation Z: A Century in the Making*, will be delivered by educator Meghan Grace.

No other generation in history has received as much coverage as the Millennial generation. Books, blogs, and news articles are everywhere about them. Yet, Generation Z has received very little attention in comparison. People in Generation Z are among our youngest consumers, students, constituents, voters, and neighbors. Being able to better understand who they are and how they see the world can be helpful in effectively working with, teaching, and leading them.

Meghan Grace is an international speaker, author, podcast host, and consultant. She completed her undergraduate studies at Chapman University and her master's in higher education at the University of Arizona. She is currently pursuing her doctoral degree in higher education leadership and policy at Vanderbilt University. She started researching Generation Z in 2013 and has since co-authored three books about Generation Z and launched a podcast to help share the stories, insights, and experiences of Generation Z. You can learn more about Generation Z at TheGenZHub.com.

Counselors will also have a chance to attend workshops on *Anxiety and Depression in School-Aged Children*, *What You Want to Know About Our Student Dreamers*, and other topics of concern to school counselors and mental health workers.

Registration for current EECA members is $50.00. Non-members and renewing members will be charged $85.00 which includes EECA membership dues. You can register for the conference at http://www.licac.org or mail a check or money order (payable to LICAC) to LICAC 2019 in care of Gloria Schetty-Plante, 595 Route 25A-Suite 18, Miller Place, NY 11764. Payment should also include a registration form available on the LICAC website. No confirmation notice will be sent. Your check is your receipt. Please call 631-209-1895 for additional information.

SUNY College at Old Westbury is located on Route 107, Old Westbury, NY.

# EECA Calendar 2019-2020

**March 2020**
Spring Mental Health
*Professional Development*
**Time and Location:** TBD

**March 2020**
Florida College Tour

**4/20/20**
Administrative Professionals
Luncheon 1:30 pm
Cooperage Inn, Baiting Hollow

**4/27/20**
Spring College Fair
Westhampton Beach
High School 5-7 pm

**June 2019**
General Membership Meeting
and Awards Dinner
**Time and Location: TBD**

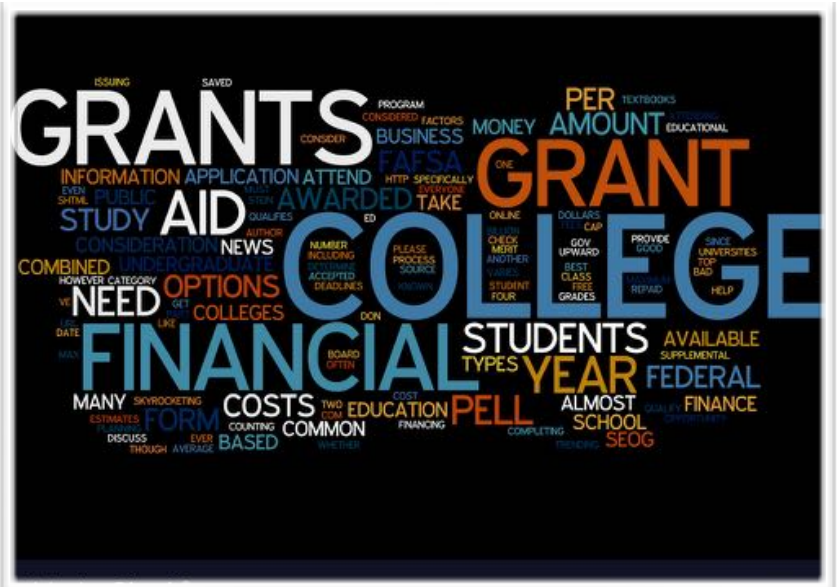
## Counselors View

**Seeks articles from our members. Please submit:**
***Examples of Best Practice in your school *Professional papers you have written *Inspiring stories about your students**

**Please send articles to trabbitt51@gmail.com**

## Email Reminder

**Ensure that your email identifies @eastendcounselorsassociation@gmail.com as a trusted sender**




# EECA hosts Financial Aid & NCAA Night at Riverhead High School

Once again, the EECA will host its annual Financial Aid and NCAA information night on **Tuesday, October 22** at **Riverhead High School.** The NCCA presentation will begin at 5:30pm and the Financial Aid presentation will follow at 6:30pm. Students and parents from all East End schools are encouraged to attend this informative session to get a better understanding of the student aid process.

Gordon Rowe, Coordinator of Financial Aid Data Operations for St. Joseph's College, will explain how to apply for all types of financial aid, including completing the Free Application for Federal Student Aid (FAFSA). He will also review the process of completing the FAFSA, which is required to determine eligibility for most student aid programs.

Part of the evening's agenda will also focus on the procedures student athletes must follow to become eligible to play sports in college. Registration with the NCAA is required before a student can practice, try out, or play any competitive college sport. Melissa M. Reilly, Associate Commissioner/SWA East Coast Conference, will give an overview on NCAA academic requirements, divisions of college sports, ACT and SAT testing information, and what courses are necessary for students to complete while in high school.

For more information about the event please contact Philip Antz at pantz@riverhead.net.

### HESC Offers School Counselors Useful Tools To Assist in the College Application Process

HESC, the Higher Education Services Corporation offers high school counselors tools and support to help students choose the right college and receive maximum financial aid. Information can be assessed at HESC's Counselor Center and at the following links:

High School Counselor Newsletter

High School Counselor Workshops

Professional Organizations and Training Resources

Application Fee Waiver Information

FAFSA Completion Initiative

College Prep Messaging Program

***Help Completing FAFSA***

HESC offers students and their families with assistance in completing the FAFSA. You can register for one-on-one assistance at HESC's dedicated FAFSA website, StarttHereGetThere.org.

You can also refer families to HESC's **online chat** or to our dedicated toll free line, **800-808-1790**, to speak with a HESC representative weekdays between 9am-4pm.

School officials looking for hands on assistance with FAFSA completion events at their schools or for financial aid presentations can contact HESC at: PreCollegeServices@hesc.ny.gov

# Join New York's College Application Week

New York will participate in the national American College Application Campaign (ACAC), an effort of the American Council on Education (ACE), to increase the number of first-generation and low-income students who pursue a postsecondary education.

**The campaign runs from October 21 through October 25.** High schools are encouraged to participate in the campaign in several ways:

- Host a program during the school day open to any student interested in applying-with a focus on engaging first-generation, low-income and other students who may otherwise not apply to college.
- Identify and convene a school team composed of staff and community members.
- Leverage support of the school team to ensure that students are prepared to participate in the event.
- Engage the local community, families, and others through volunteer opportunities, information letters, and advertising the program.
- Create a college-going culture within school through a variety of approaches.
- Collect college data resulting from the campaign, such as the number of students participating and the number of applications submitted.
- Follow-up with students to ensure applications submitted are complete-transcripts, college entrance exam scores, letters of recommendation are submitted, as well as the FAFSA.

School Counselors interested in participating in the campaign can visit https://www.gocollegeny.org/apply/tool-kit.html for information about planning for the event.

High schools with questions about College Applications Week may contact:

Anne Doyle

New York State Higher Education Services Corporation

Email: anne.doyle@HESC.ny.gov

Phone: (518)402-3349

## Fall Conference Workshops Include:

Nourishing the Counselor's Soul to Decrease Stress and Increase Resiliency

Developmental School Counseling for the Developing Adolescent

Overview and Update - NY State Diploma and Credential Requirements

Why Data? A Closer Look at the ASCA Model

Using Music to Promote ASCA Mindsets and Behaviors

Trauma Informed Schools 101

Addressing Mental Health Through Evidence-based Suicide Prevention

Educating the Whole Child: Social Emotional Development and the Comprehensive Model

Understanding, Guiding and Supporting for our LGBTQ Students

Elementary School Counseling: The Importance and Application of Counseling Connections for our Younger Kids

**For more information about the conference and registration information visit:**

***http://nyssca.org***

# NYSSCA Hosts Fall Conference

*"Inspire, Empower, Embrace"*

NYSSCA's annual conference, offering an opportunity for professional growth and collegial sharing of best practice in school counseling, will take place on November 22 through the 23, 2019 at the Honors haven Resort and Conference Center, Ellenville, NY.

NYSSCA is providing four "Leadership Grants" for members who may be interested in a leadership position in EECA and NYSSCA. In order to qualify for this grant, you must be a current NYSSCA member, attend this year's Conference and a workshop at the conference about Executive Board participation. The grant will cover Conference registration fees and hotel fees for a 2-night stay (Thursday, November 21 and Friday, November 22) up to $500. The submission deadline is October 15, 2019. The application can be found on the NYSSCA website.

The East End Counselors Association will also sponsor a few members to attend the conference and represent the association.

Friday's first Keynote Speaker is John Perricone, a best selling author and recipient of the Maine-Endwell's Distinguished Teacher Award.. He will present: **Why am I an Educator? Developing a Philosophical Identity.** Mr. Perricone will ask teachers to reflect upon the profundity of their mission as educators. He will provide insight, guidance, and philosophy (through practical, interactive exercise and discussions) that speak to the very soul of what it means to truly inhabit the identity, acumen, artistry, and passion of being a teacher.

Friday's other Keynote Speaker is Michael DeLeon. Mr. DeLeon, a successfully acclimated ex-offender who after nearly 8 years of drug addiction and gang involvement, spent 12 years in state prison and halfway houses for a gang related homicide. Mr. Deleon will present **Cultural Diversity & Motivating Students Suffering from Poverty.** The effects of incarceration on children of the incarcerated is something that few educators are trained in, and this workshop specifically addresses techniques and methods to teach through these issues.

Saturday's Keynote Speaker is Jefff Ream, former California School Counselor of the Year. Mr. Ream will present: **Unleashing the Superhero: Even Superheroes Need to Advocate.** All school counselors must learn and work on becoming expert advocates — for not only our students but for our professions. He will teach you how you can advocate for the school counselor superheroes in your building, district, state and nation through some simple, yet profound ways.

EASTERN LONG ISLAND
ACADEMY OF APPLIED TECHNOLOGY

www.academyli.org

Thank you School Counselors
for all that you do
to help make our students
#CareerandCollegeReady!

facebook Eastern Long Island Academy of Applied Technology

twitter @AcademyLI

Instagram easternliacademy

YouTube AcademyLI

*Connect with us on social media!*

OCR 4876 9/18 WS

# Working For Students With Undocumented Status

School counselors promote equal opportunity, a safe and nurturing environment and respect for all individuals regardless of citizenship status, including undocumented students and students with undocumented family members, understanding that this population faces a unique set of stressors.

School counselors are committed to the academic, career and social/emotional development of all students. "School counselors demonstrate their belief that all students have the ability to learn by advocating for an education system that provides optimal learning environments for all students" (ASCA, 2016, p. 1).

**The Rationale**

The 1982 US Supreme Court ruling in Plyler v. Doe (1982) prohibits states from denying undocumented children a public K–12 education. In ruling the court stated that to deny these students an education would create a "lifetime of hardship" for the student, and it would create a "permanent underclass" (Eusebio & Mendoza, 2015).

Educators are on the front lines of implementing Deferred Action for Childhood Arrivals (DACA). Because of their unique position within a school, school counselors are able to support undocumented students by assisting these students in gathering documentation for DACA requests, advising them on the many academic, career and social/emotional opportunities made possible by DACA (Avila & Zellner, 2015).

A comprehensive school counseling program is an integral component of the school's academic mission. Comprehensive school counseling programs, driven by student data and based on standards in academic, career and social/emotional development, promote and enhance the learning process for all students.

The ASCA National Model ensures equitable access to a rigorous education for all students. Undocumented students and students with undocumented family members deserve the same services as all other students but face social, financial and legal barriers.

These students need support to feel safe, in addition to needing assistance to find funding for any postsecondary educational goals, due to lack of Title IV federal financial aid that is not available to undocumented students in the form of grants, student loans or work-study.

Many students experience stressors due to:

- separation from family
- cultural differences
- language barriers and interpretation for families
- anxiety, fear, grief and loss regarding family members' detention and deportation
- caretaker roles for family members
- concerns about their future
- understanding how to navigate college access and availability to them
- marginalization due to mixed cultures
- PTSD due to traumatic immigration events
- re-traumatization

Connecting with a school counselor will alleviate many of these stressors and fears, especially when individual counseling addresses the students' concerns. Having access to a qualified school counselor builds a support system needed at any age and will enable students to develop goals for their futures and feel safe and connected to their communities.

**The School Counselor's Role**

School counselors focus their skills, time and energy on direct and indirect services to all students, regardless of their citizenship, national origin, race, color, gender, sexual orientation,

# Working For Students With Undocumented Status

**Con't From Page 7**
socioeconomic status or any other demographics. School counselors participate as members of the educational team and use the skills of leadership, advocacy and collaboration to promote systemic change as appropriate. Supporting all students with a variety of needs may include a diverse skill set, including knowledge about many legal factors affecting students.

"Undocumented youth, in particular, can experience high levels of acculturative stress from immigration-related issues such as separation from family and academic difficulties. The psychological costs of family separation, associated with the migration process and with US immigration procedures such as detention and deportation, are well documented and, among children, may include symptoms of depression and anxiety." (US Department of Education, 2015.)

**The role of the school counselor includes**:

- Advocating for the rights of all students, including undocumented students, by ensuring students are not barred from education based on foreign birth certificates, lack of a Social Security number or a home language other than English
- Working with other district personnel so any information collected is uniformly applied to all students and not used to discriminate or bar certain students' access to education
- Supporting undocumented students by helping them gain access to an equitable education that meets their needs and prepares them for postsecondary access, if necessary (e.g., referrals for ELL services, special education services and medical treatment)

- Working with school and district personnel to educate the community on policy, procedures and rights of the students and their families and to eliminate discriminatory language and actions regarding these students and their families
- Supporting the family with information about educational access and rights
- Assisting students with seeking postsecondary goals, navigating college access and finding funding for their goals
- Working with community partners and leveraging resources to provide support in keeping families intact, if possible, while supporting students who are separated from a parent due to deportation
- Ensuring schools are a safe haven for undocumented students and will not divulge confidential information to any outside agencies without proper legal documentation
- Providing counseling intervention and social/emotional support for students affected by immigration stressors, including assessment of possible trauma that they may have experienced
- Keeping abreast of current policies and practices of postsecondary institutions regarding access for undocumented students
- Advocating against the practice of separating children from their families at US borders (ASCA, 2018)
- Maintaining a database of community resources to support referrals in assisting families with various challenges related to issues surrounding undocumented status, including recovery associated with trauma resulting from separation.

**Summary**

School counselors understand undocumented students face additional legal, financial and social stressors and need additional support with these barriers as well as assistance with postsecondary goals. School counselors have a responsibility to provide services to all students regardless of their citizenship status, to advocate for their access to services and to prevent discrimination against students by removing barriers impeding student development and achievement.

***Credit: The American School Counseling Association's position paper on working with undocumented students***

# RAMP Award Offers Recognition For Model Programs

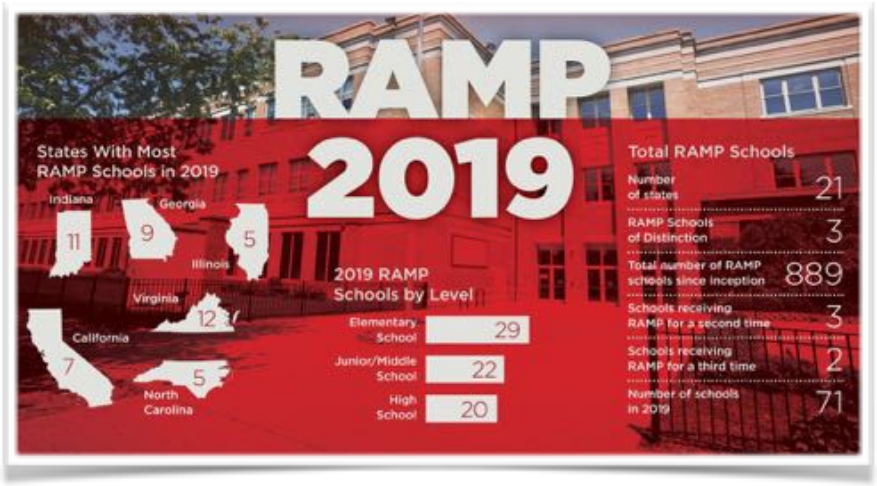
School counseling programs across New York State begin this school year implementing New York State amended regulations that govern comprehensive school counseling programs.

The amended regulations are intended to "increase opportunity for all students to be successful." To achieve this goal, counseling programs were encouraged to access their programs using a national model developed by ASCA, the American School Counseling Association.

A comprehensive school counseling program is an integral component of the school's academic mission. Comprehensive school counseling programs, driven by student data and based on standards in academic, career and personal/social development, promote and enhance the learning process for all students.

The ASCA National Model:

* ensures equitable access to a rigorous education for all students
* identifies the knowledge and skills all students will acquire as a result of the K-12 comprehensive school counseling program
* is delivered to all students in a systematic fashion
* is based on data-driven decision making
* is provided by a state-credentialed school counselor




To encourage school counseling programs that best exemplify this comprehensive model, ASCA developed the RAMP (Recognized ASCA Model Program) award.

The RAMP designation, awarded for aligning with the criteria in the ASCA National Model, recognizes schools committed to delivering a comprehensive, data-informed school counseling program and an exemplary educational environment.

Since the program's inception, nearly 900 schools have been designated as RAMP recipients. This year, 71 schools in 21 states were recognized. ( There are no RAMP recognized schools in New York.) RAMP-designated schools are now in 46 states across the country. The RAMP designation is good for five years, after which times schools must reapply to maintain their RAMP status.

In order to encourage schools in New York to apply for ASCA's RAMP designation, NYSSCA is initiating a RAMP Application Grant program to fund applications for schools in New York. The lead counselor applying for RAMP must be a NYSSCA member to be eligible for this grant. The application is here.

RAMP applications are reviewed once a year by a panel of school counseling professional, who assess the school counseling programs in 12 different areas of expertise.The next submission deadline is October 15, 2019. For more information on the program, visit http://www.schoolcounselor.org/ramp

***Article generated from a ASCA press release announcing RAMP awards for 2019.***

**For more information about ASCA and the National Model visit**
https://www.schoolcounselor.org/school-counselors-members/asca-national-model

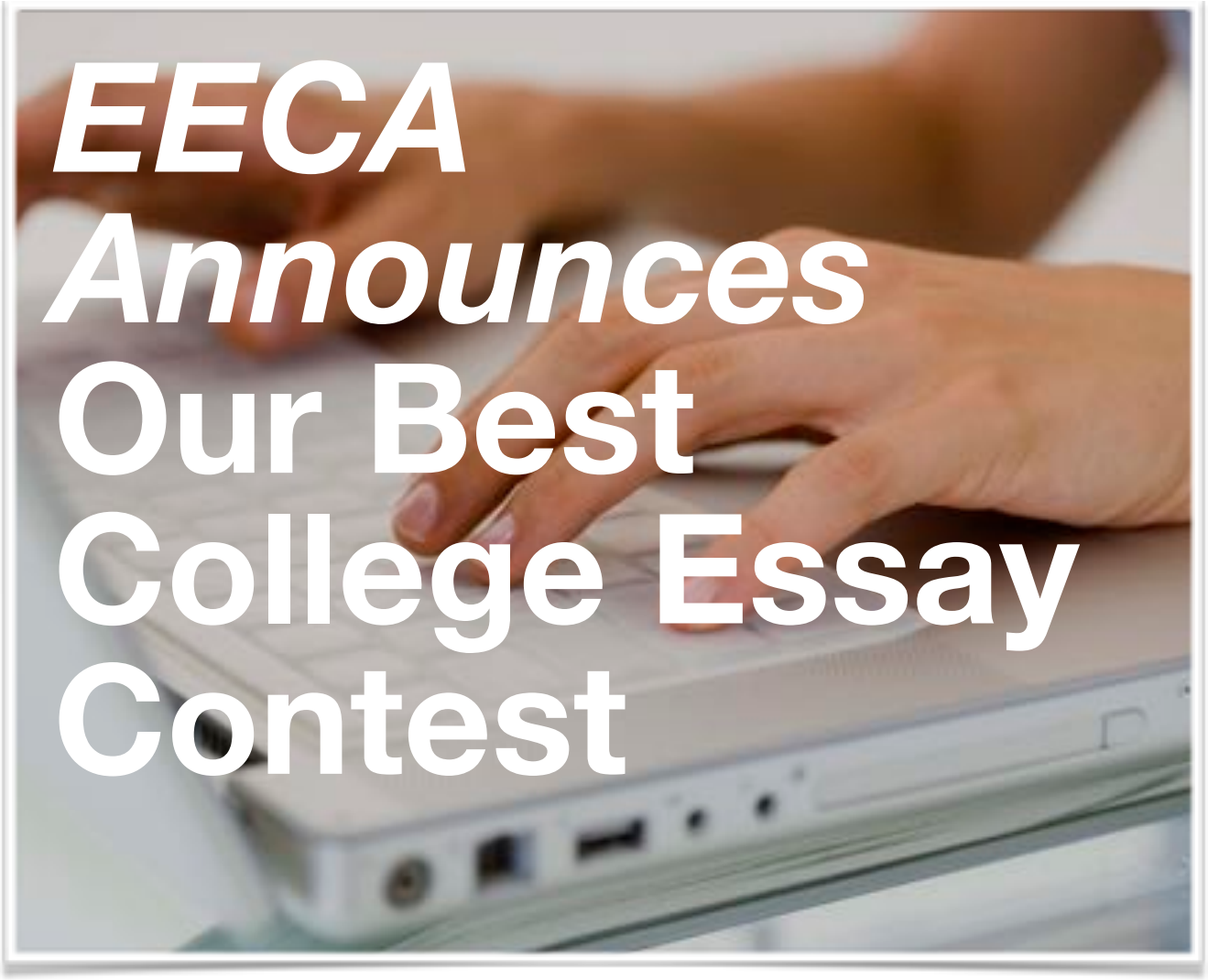
**For more information about ASCA and Ramp Awards visit**
http://www.schoolcounselor.org/ramp

Right: Ward Technical Center and Counselor of the Year, Carolyn Stuke is congratulated by Shelter Island School Counselor, and EECA Past President, Martha Tuthill.

Below Left: Greenport Guidance Chairperson, Brandi Hopkins, and newly elected President of EECA honors Hampton Bays School Counselor, Laurie O'Halloran on her retirement and a successful year as EECA President.

Below Right: East Hampton School Counselor, Marilyn Marsillio, presents this year's Rising Star Award to Christa Narus.

# EECA ANNOUNCES COUNSELOR OF THE YEAR AND RISING STAR AWARDS



# *EECA Announces* Our Best College Essay Contest

## EECA Best College Essay Contest

**Deadline:**
**December 1, 2019**

The Winning Essay will be announced at our Holiday Meeting and receive a cash award of $250

**Send Essays to:**
**trabbitt51@gmail.com**

The East End Counselors Association invites you to participate in our first Best College Essay Contest. The contest is open to any high school student who is sponsored by a member of the East End Counselors Association.

The submitted essays will be judged by a committee consisting of a current college admissions counselor, a retired guidance director, and a former dean of college admissions.

**Contest Requirements**

- Limit your essay to 650 words and submit your essay as an attachment by December 1, 2019 to trabbitt51@gmail.com
- Identify the prompt you are using whether that prompt is from the Common Application or particular to a given college.
- Identify your name, high school and sponsoring School Counselor
- Send your contact information that includes your full name, address and email. Do not include this information within the file, as essays will be blind-reviewed.
- Please note that by submitting an entry, you are giving the EECA permission to publish your essay in *Counselors View,* the newsletter of the East End Counselors Association.

East End Counselors Association
PO Box 1357
Riverhead, NY 11901

Join the East End Counselors Association
Download Our Application at
eastendcounselors.org