

Coronavirus News & Resources

The East End Counselors Association is sharing the following information from local, state and national organizations as resources for school counselors.

East End Counselors Association

In response to the public health emergency caused by the COVID-19 virus, the East End Counselors Association cancelled the following events:

- * Spring Mental Health Professional Development Meeting
- * College Tour of North Carolina Colleges and Universities
- * Spring College Fair
- * Administrative Assistant Luncheon

The East End Counselors Association looks forward to resuming these events next year when it is safe to do so.



American School Counselors Association

ASCA reorganized material to make it easier to access information. The new ASCA website makes it easier for you to access what you need when you need it.

COVID Updates and Resources: Get updates on how the virus affects ASCA members and the school counseling profession.

2020 State of the Profession: Last month, ASCA released the 2020 State of the Profession Report, which gathered details on the school counseling profession. Take a look and benchmark your own practices against the national data.

Race Conversations: The following ASCA resources can help school counselors ensure ethical, equitable, and inclusive school environments: links to positions, articles, webinars, research and guidance, as well as new ASCA initiatives and programs.

Helping Students In Troubling Times: Here are some suggestions and resources to consider as you provide ongoing support to your students. Before you take any action, review your school and district policies to be sure you don't violate any policies as you help your students. For example, some districts have policies prohibiting faculty from talking about politics with students. In addition, you should consult with your district to discover any guidance or response initiatives it has in place so your actions align with school and district programs.

Resources to Address Teen Dating Violence: *In the Mix*, an Emmy-Award-winning PBS series for teens and young adults, is offering school counselors discounted access to three programs on dating violence. Use code ASCA through March 31. Videos include "Twisted Love: Dating Violence Exposed," "Love Shouldn't Hurt: Recognizing Dating Violence" and "Abusive Relationships: Get Help, Get Out." To order or for questions, email inthemix2@gmail.com.

Teaching Internet Safety to Young Kids: The National Center for Missing & Exploited Children has released season two of Netsmartz's "Into the Cloud," a series of videos to educate children ages 10 and under about Internet safety. While season one addressed reporting unsafe and inappropriate interactions and content, season two addresses online exploitation, reporting and removing online inappropriate content. Those who viewed season one are invited to participate in a feedback survey.

Here's What's New:

Upcoming Events and Webinars The latest on career development for students in a month's worth of webinars and sessions. In addition to traditional webinars focused on career development topics, these and others, give you access to a robust set of career your students should know about.

Middle School College and Career program 3/3/2021

School Counselor Performance Appraisal 3/8/2021

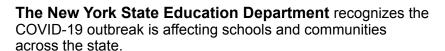
Catch up With ASCA Resources

You can access all of webinars and other recorded material on ASCA on Air to to catch up on what you might have missed.

New CDC and GLSEN Data

Point to Crisis Among LGBTQ Youth: The Human Rights Campaign Foundation and 23 of its Project Thrive partners, including ASCA, released a joint statement this week on the importance of youth-serving professional providing LGBTQ youth the support they need to thrive. The statement is in response to the HRC Foundation's analysis of the Centers for Disease Control and Prevention Youth Risk Behavior Surveillance (YRBS) data, which finds that many LGBTQ youth are living in crisis.





The New York State Education Department (NYSED), Office of Special Education is sharing the following new resources recently released by U.S. Department of Education's Office of Educational Technology to help teachers and school leaders meet the needs of students through creative learning experiences. Please be aware that the websites and links included may change. This resource is provided for informational purposes only and does not constitute NYSED endorsement. The information provided is true and complete to the best of our knowledge.

The <u>Teacher Digital Learning Guide</u> includes insights on using educational technology, promoting personalized learning, and embracing professional development. The <u>School Leader Digital Learning Guide</u> provides suggestions on developing a digital learning vision and considering, planning, funding,



implementing, and adapting learning programs to best serve and empower students of all abilities.

USDE's <u>Parent and Family Digital Learning Guide</u> aims to help parents and guardians understand how digital tools can provide tailored learning opportunities, engage students with course materials, encourage creative expression, and enrich the educational experience.

Education Technology Resources to Support Students With or At Risk for Disabilities During COVID-19

A network of special education software and assistive technology developers, researchers, and nonprofits with support from the Department of Education, National Science Foundation, and National Institutes of Health recently released a guide presenting information on 20 Education Technology Resources that are READY NOW to Support Special Education Practitioners and Children and Students with or At Risk for Disabilities

NYSED (COVID-19) Information Page

The Board of Regents and NYSED are providing information and guidance for P-12 schools, colleges and universities, licensed professionals, adult education programs, and NSED employees in response to the Novel Coronavirus.

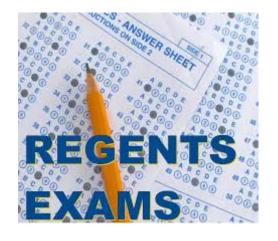
News and Information are Linked Here

NY Project Hope

This hotline can offer you strategies, community resources and a knowledgeable crisis counselor to help you and your clients navigate these very unusual times.

When someone calls the Emotional Support Helpline, they will reach someone who has been trained to offer the kind of support one needs during the pandemic...whether it's coping strategies, resources or a chance to talk - the call is always **free, confidential, and anonymous. NY Project Hope's** Emotional Support Helpline number is 1-844-863-9314. Trained crisis counselors are available every day from 8am to 10pm. For coping tips, relaxation exercises and much more, log onto NY Project Hope's website, NYProjectHope.org. We also welcome you to take a look – and follow - our Facebook, Instagram, and Twitter.





NYSED and 2021 Regents Exams

- NYSED has cancelled the January 2021 administration of the NYS High School Regents Examination Program in response to the COVID-19 pandemic.
- At this time, the Department has not yet made decisions about the June and August 2021 administrations of Regents Examinations or any of the other State assessment programs.
- Questions may be directed to the Office of State Assessment at 518-474-8220 or emscassessinfo@nysed.gov.

Official announcement and details are Linked Here

Information regarding Elementary State Assessments are Linked Here

Information regarding High School State Assessments are Linked Here

P-12 School Guidance

P-12 school guidance and resources are available from several sources, including NYSED, the U.S. Department of Education, the NYS Department of Health, the CDC, and the NYS Center for School Health



Additional New York State Resources

- NY Department of Health Updates
- Parents: Supporting Learning During the COVID-19
 Pandemic
- · NYSED-Talking about COVID-19 with young people
- Continuity of learning resources
- NYSED-Talking about COVID-19 with young people

New York State School Counselor Association

The following NYSSCA Resources are posted on the <u>NYSSCA</u> <u>website</u>. Visit them for a complete list of counselor resources.



Elementary School Counselor Resources are found Here

Middle School Counselor Resources are found Here

High School Level Counselor Resources are found Here

Healthy Young Minds Newsletter

Healthy Young Kids is a newsletter from MHANYS' School Mental health Resource & Training Center. The current edition, which is linked below contains many articles relating to mental health and a return to school.

Healthy Young Minds



FAIRS

SUNY Virtual Events

Explore the State University of New York, the campuses, academy programs, application and admissions process, financial assistance, the Excelsior Scholarship and more.

Learn about the Educational Opportunity Program at a virtual Information session.

Explore financial aid programs and opportunities.

Attend a virtual workshop on applying to SUNY campuses

Official announcement and details are Linked Here

NACAC Virtual College Fairs

Virtual college fairs featuring more than 500 U.S. and international colleges and universities continue throughout the spring. For school counselor resources, such as flyers, social media graphics and other information click here.





SAT and ACT Updates

As students and colleges adapt to new realities and changes to the college admissions process, the College Board adapted their program in the following ways:

- * SAT Subject Tests are discontinued
- * The optional SAT Essay is discontinued
- * The College Board is developing a more flexible SAT—a streamlined, digitally delivered test that meets the evolving needs of students and higher education.

More information on The College Board's update on reducing and simplifying demands on student can be found here

College Board Updates on SAT and PSAT Related Coronavirus Updates: click here

College Board Updates on AP Testing: click here

 2020-21 AP Updates for Schools Impacted by the Coronavirus

ACT Testing Amid Covid-19 click here

ACT Covid-19 Resources click here



COVID-19 Updates and Resources

US Government Resources

- US Dept of Education Covid-19 Info Page
- CDC Updates
- Supplemental Fact Sheet Addressing the Risk of COVID-19 in Preschool, Elementary and Secondary Schools While Serving Children with Disabilities

Other COVID-19 Updates and Resources

- National Center for Grieving Children & Families
- National Center for School Crisis & Bereavement-Covid-19 Resources
- Protecting Educational Equity During Coronavirus
 School Closures-EdTrustNY
- CASEL Resources including CASEL Cares Initiative
- Question and answers on providing services to children with disabilities during the Coronavirus disease 2019 outbreak
- Calm.com: Free Resources during the Coronavirus outbreak
- Understanding Covid-19 Statistics in plain English
- National Association of School Psychologists
 Covid-19 Resource Center
- Lasting Impact on Gen Z

Family Educational Rights Private Act (FERPA) and Virtual Learning

- FERPA & COVID-19 FAQs
- FERPA & COVID-19 FAQs (Esp)
- FERPA & Virtual Learning Resource List

Questions may be submitted to the Student Privacy help desk at FERPA@ed.gov.



East End

Counselors Share Their Resources

Resources From Our Members

Tom Rabbitt is sharing this link to NYSED's Continuity of Learning website featuring Staying Connected: Your Stories a collection of the work of individual teachers, district, and BOCES that encourages district-to-district support and collaboration across New York State. Your story might be a one-page account, a video, or pictures showing how your school, your students, and your community are staying connected. Please visit the Staying Connected page for suggested topics, components, and submission instructions. Please consider sending a copy of "Your Story" to trabbitt51@gmail.com so we can include it in our newsletter. The following features School Counselor Ryan Barker of Bridgehampton School.

Last March, when the Bridgehampton School joined other schools in shifting to remote learning as the coronavirus engulfed New York State, Principal Michael Miller sent out a video preparing students and staff alike for the disruption in their normal routine that was about to unfold.

Ryan Barker, who is in his third year as elementary school guidance counselor, said he immediately saw an opportunity to bring the school community together by making YouTube videos of the morning announcements that had previously been done over the public address system. Click on the Bee to see one of his morning announcements. (Courtesy of The Southampton Press)

