

# COUNSELORS VIEW

A Publication of The East End Counselors Association

A Chapter of the New York State School Counselors Association / Long Island, New York

## Executive Board

### President

Christa Narus

### Past President

Brandi Hopkins

### President Elect

Open Position

### Treasurer

Caroline Stuke

### Secretary

Avery Reisig

### Membership & Directory Chairpersons

Kristen Domeischel & Martha Tuthill

### Scholarship Chairperson

Kathleen Sutton

### Consultant to the Executive Board

Barbara Ackermann

### College Fair Chairpersons

Phil Antz, Joe Garvey, Caroline Stuke

### College Tour Chairperson

Danielle Doscher, Brandi Hopkins

### Trustees

Erin DaSilva, Julie Petersen  
Lisa Simonetti, Veronica Stelzer

### Newsletter, Public Relations & Historian

Tom Rabbitt

## Meeting Explains New York State Diploma Requirements

Melissa Montague, Associate in Instructional Services at NYSED, addressed the East End Counselors at our annual *Bring an Administrator to Breakfast* on December 16, 2022.



[Click Here for Diploma Presentation.](#)

At that meeting, she provided membership with an update on New York State General Education and Diploma Requirements and Multiple Graduation Pathways. Her presentation is available by clicking the link above. It included information on:

- Credit Requirements
- Assessment Requirements regarding Multiple (+1) pathways, Appeals, Safety Nets, Superintendent Determination, and Flexibilities due to COVID
- Endorsements and Seals
- Transfer Students
- Exiting Credentials

Melissa Montague is the Policy Lead on New York State General Education and Diploma Requirements and Multiple Graduation Pathways at the State Education Department (SED).



## EECA Calendar

### 2022-2023

**September 15, 2022**

#### ***Fall Membership Meeting***

The Riverhead Cider House  
2711 Sound Ave, Calverton  
4-7 pm

**October 19, 2022**

#### ***Financial Aid & NCAA Night***

Riverhead High School  
5:30pm NCAA  
6:30pm Financial Aid

**October 26, 2022**

#### ***Fall College Fair***

Riverhead High School  
5-7 pm

**December 16, 2022**

#### ***Bring an Administrator to***

***Breakfast / Graduation***  
Requirements Review  
Melissa Montague, NYS  
Education Department  
*Time and Location: TBD*

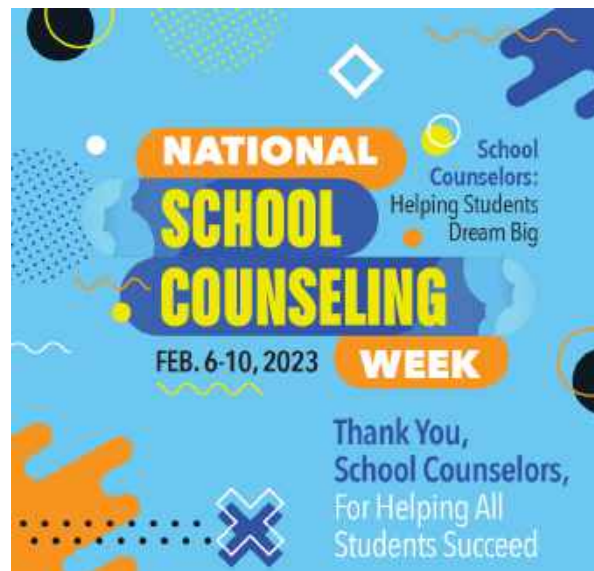
**December 8, 2022**

#### ***Holiday General*** ***Membership Meeting***

The Inn and Spa at East Wind  
5720 Route 25A  
Calverton, NY 11792

## Celebrate National School Counseling Week in February

National School Counseling Week is Feb. 6-10, 2023. We hope it will focus public attention on the unique contribution of school counselors within U.S. school systems.



National School Counseling Week, sponsored by ASCA, highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career. National School Counseling Week is always celebrated the first full week in February. The 2023 theme is School Counselors: Helping Students Dream Big.

### Events

Get details about the National School Counseling Week, [photo challenge and other events](#) scheduled throughout the week.

### Downloads

[Download](#) templates and samples for press release, certificate of appreciation, proclamation and morning announcements. Also download a variety of National School Counseling Week logos; photo challenge signs; and images for Twitter, Facebook and other uses.

### Promotional Materials

[Check out](#) the selection of posters, stickers, bookmarks and door hangers available for purchase to help you promote school counseling.

*Information provided by ASCA, American School Counseling Association.*

# EECA Calendar

## 2022-2023

**March 10, 2023**  
**Spring Mental Health**  
**Professional Development**  
Jason's Vineyard  
Jamesport, NY

**April 2023**  
**Administrative Professionals**  
**Luncheon**  
Time and Location: TBD

**April 27, 2023**  
**Spring College Fair**  
Westhampton Beach  
High School 5-7 pm

**Spring 2023**  
**Tour of Boston Colleges and**  
**Universities**  
Dates To Be Determined

**June 2023**  
General Membership Meeting  
and Awards Dinner  
Time and Location: TBD

### **News & Resources**

**We encourage you to use our News & Resources for School Counselors page to find helpful information from local, state and national organizations. We encourage you to reach out to a colleague for support and information as we all remain focused on the emotional, social and academic needs of our students and their families. [Click here for more news and resources >>](#)**



Melissa M. Reilly, Associate Commissioner /SWA East Coast Conference speaks to a parent at our fall event.

## **College Information Night Provided Insight Into Financial Aid & NCAA Eligibility**

On Wednesday, October 19, East End Counselors hosted its annual Financial Aid and NCAA information night at Riverhead High School. Students and parents from East End schools attended this informative evening to get a better understanding of the financial aid process and rules governing the NCAA.

Eugene Rogers, Senior Financial Aid Counselor for Molloy College, explained how to apply for various types of financial aid, including completing the Free Application for Federal Student Aid (FAFSA). He reviewed the process of completing the FAFSA, which is required to determine eligibility for most student aid programs.

The other part of the evening's agenda focused on the procedures student athletes must follow to become eligible to play sports in college. Registration with the NCAA is required before a student can practice, try out, or play any competitive college sport. Melissa M. Reilly, Associate Commissioner/SWA East Coast Conference, gave an overview on NCAA academic requirements, divisions of college sports, ACT and SAT testing information, and what courses are necessary for students to complete while in high school.





## EECA Best College Essay Contest

**Deadline:**  
**February 1, 2023**

The Winning Essay will receive a cash award of \$250

**Send Essays to:**  
**trabbitt51@gmail.com**

The East End Counselors Association invites you to participate in our fourth annual Best College Essay Contest. The contest is open to any high school student who is sponsored by a member of the East End Counselors Association.

The submitted essays will be judged by a panel of retired School Counselors.

### Contest Requirements

- Limit your essay to 650 words and submit your essay as an attachment by February 1, 2023 to [trabbitt51@gmail.com](mailto:trabbitt51@gmail.com)

- Identify the prompt you are using whether that prompt is from the Common Application or particular to a given college.
- Identify your name, high school and sponsoring School Counselor
- Send contact information, including your full name, address and email. **Do not include this information on your essay, as essays will be blind-reviewed.**
- Please note that by submitting an entry, you are giving the EECA permission to publish your essay in *Counselors View*, the newsletter of the East End Counselors Association.

EAST END  
COUNSELORS ASSOCIATION

mental health  
PROFESSIONAL  
DEVELOPMENT

FRIDAY, MARCH 10TH  
2 0 2 3

12-2 PM

WORKSHOP ON MINDFULNESS PRACTICES  
FOR COUNSELORS AND THEIR STUDENTS.

LOCATION: JASON'S VINEYARD  
JAMESPORT, NY

SPEAKER: CARIN WINTER  
CEO, *MISSION BE*



RSVP BY FEBRUARY 17TH:  
[VSTELZER@OYSTERPONDS.ORG](mailto:VSTELZER@OYSTERPONDS.ORG)

# East End Counselors Association



## JOIN US FOR OUR SPRING COLLEGE FAIR

WESTHAMPTON BEACH HIGH SCHOOL  
THURSDAY APRIL 27, 2023  
5 PM - 7 PM / SCHOOL GYMNASIUM

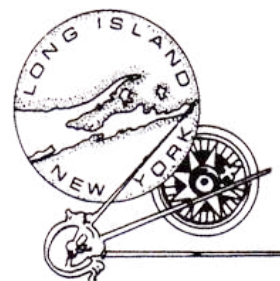
During the Fair, more than 100 college and university representatives will be available to talk with students and parents about the unique opportunities at their institutions.

Students & Parents contact your school counselor for more information.

Colleges can contact Caroline Stuke at [cmstuke@optonline.net](mailto:cmstuke@optonline.net) for registration details.



# The East End Counselors Association Announces its 23rd Annual Scholarship



**FOUR SCHOLARSHIPS OF \$2,000 WILL BE AWARDED TO FOUR GRADUATING SENIORS WHO ATTEND HIGH SCHOOL ON THE EAST END OF LONG ISLAND. STUDENTS SUBMITTING AN APPLICATION MUST BE PURSUING A CAREER WITHIN A “HELPING FIELD.”**

## Criteria

---

Student must be a graduating senior from an East End High School.

Student must plan to attend a 2 or 4 year post secondary institution.

Student must intend on majoring in one of the “helping fields” (nursing, school counseling, teaching or social work)

Student must submit a one page typed essay, approximately 500 words, answering the following question: “What has the role of being active within your community or school played in your desire to enter into a helping field?”

## Selection

---

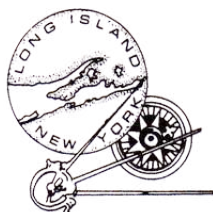
Each Guidance department will submit one (1) application to be submitted to the East End Counselors Association Scholarship Committee for review. The Committee will select four winners from all nominations.

Winners will be notified through their individual districts.

DO NOT SUBMIT ANY ADDITIONAL DOCUMENTS.

## Deadline / Applications must be received by March 15, 2023

---



**Please submit applications which are available on our [website](#) after January 1, 2023**

For Information Contact:  
Kathleen Sutton, Scholarship Chairperson  
Eastport South Manor CHSD  
543 Moriches Middle Island Road  
Manorville, NY at [suttonk@esmonline.org](mailto:suttonk@esmonline.org)



East End Counselors Association  
PO Box 1357  
Riverhead, NY 11901

**REPRESENT YOUR STUDENTS AND YOUR SCHOOL AS A MEMBER OF THE EECA EXECUTIVE COMMITTEE AT [EASTENDCOUSELORS.ORG](http://EASTENDCOUSELORS.ORG)**

*The Following Schools Are Represented On The East End Counselors Executive Board*

**Bridgehampton Schools**

Danielle Doscher

**East Hampton**

Julie Petersen

**Eastport South Manner**

Kathleen Sutton

**Greenport**

Brandi Hopkins, Avery Reisig

**Hampton Bays**

Erin DaSilva

**Oysterponds**

Veronica Stelzer

**Riverhead**

Phil Antz

**Southampton**

Martha Tuthill

**St. John Paul II Regional School**

Christa Narus

**Southold**

Lisa Simonetti

**St. Thomas Aquinas College**

Kristen Domeischel

**West Hampton Beach**

Joe Garvey

